

## Opening times

Monday to Friday	<b>6am - 9.45pm</b>
Saturday and Sunday	<b>7am - 6pm</b>
Off Peak	<b>9am - 5pm</b>



The Aspire National Training Centre is a non-profit making organisation which receives no statutory funding. The prices charged ensure that we can cover our operational costs. Any surplus money generated will be immediately reinvested in building improvements; for example upgrading the fitness studio or replacing pool wheelchairs.

**Aspire National Training Centre operate pay as you play, Centre Card and Premier Membership usage options.**

**The Centre Card allows holders to pay reduced prices on activities.**

**Premier Membership includes unlimited use of the fitness studio, pool and group exercise classes.**

A LEISURE EXPERIENCE FOR **EVERY** BODY

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## Aspire Leisure Services

### Price list Valid until March 2010



**The Aspire National Training Centre is the first of its kind in Europe and has the potential to benefit thousands of disabled people.**

#### How to find us:

The Aspire National Training Centre is in the grounds of the Royal National Orthopaedic Hospital in Stanmore, Middlesex. The centre can be reached via the main hospital entrance in Brockley Hill (the A5 road to Edgware) or from a separate entrance in Wood Lane; which is a turning some 50 metres from the main hospital entrance. (Wood Lane gates close at 6.30pm)



Aspire National Training Centre  
Wood Lane, Stanmore, Middlesex HA7 4AP

Tel: 020 8954 5759

Typetalk: 18001 020 8954 5759

Email: [info@aspire.org.uk](mailto:info@aspire.org.uk)

[www.aspire.org.uk](http://www.aspire.org.uk)



Registered charity no. 1075317

**Aspire**  
Supporting people with spinal injury

# Price list

## Membership

Centre Card	£31		
Family Centre Card	£42.50		
Hi Life Centre Card	£22.50		
PTL Centre Card	£19		
PTL Family Centre Card	£27.50		
PTL Carer Centre Card	£19		
	<b>annual</b>	<b>monthly</b>	<b>joining fee</b>
Premier	£480	£40	£55
Premier Joint	£786	£65.50	£55
Premier Family	£828	£69	£55
Premier High Life	£384	£32	£55
Premier PTL	£288	£24	£5



## Facilities

	<b>Non Member</b>	<b>Disabled Non Member</b>	<b>Centre Card holder</b>	<b>PTL Centre Card holder</b>	<b>Premier Member</b>
<b>Pool</b>					
Casual swim	£4.20	£3.30	£3.20	£2.30	inclusive
Child swim	£2.50	£1.55	£1.90	£1	inclusive
Swim pass (12 swims)	£42	£33	£32	£23	n/a
Dip session	n/a	£3.30	n/a	£2.30	inclusive
<b>Exercise classes</b>					
Aquafit	£5.30	£3.30	£4.30	£2.30	inclusive
Class	£5.30	£3.30	£4.30	£2.30	inclusive
Pilates/spinning	£6.55	£3.30	£5.55	£2.30	inclusive
<b>Sports Hall</b>					
Court hire	£9.85	£7.88	£8.85	£6.88	£8.85
Court hire - off peak	£5.95	£4.84	£4.95	£3.84	£4.95
Tennis court	£33	£25.80	£32	£24.80	£32
Tennis court - off peak	£19	£15	£18	£14	£18
Hall hire	£41	£30.75	£41	£30	£41
Hall hire - off peak	£31	£23.25	£31	£22.50	£31
Over 50s badminton	£3.70	£3.30	£2.70	£2.30	£2.70
Saturday group badminton session	£4.80	£3.30	£3.80	£2.30	£3.80
<b>Fitness Studio</b>					
Bodyfit 4 Life induction	£31	£18.60	£31	£18.60	inclusive
Gym entry	£6	£3.30	£5	£2.30	inclusive
Seniors session	£6	£3.30	£5	£2.30	inclusive
Teen cardio	£3.30	£3.30	£3.30	£2.30	inclusive
<b>Kidzzone</b>					
Party	£116	n/a	£116	n/a	£116
Toddler party	£57	n/a	£57	n/a	£57
Pool party	£135	n/a	£135	n/a	£135
Water Walkerz	£30	n/a	£30	n/a	£30
Inflatable	£65	n/a	£65	n/a	£65
<b>Locker charge</b>	30p	30p	30p	30p	inclusive